

Newsletter—Vol. XVIII, No. 1 January 2024

Dear Life of Freedom Ministries Supporter:

## **Greetings!**

Happy New Year to everyone. Generally for me, the New Year is nothing more than needing to get a new calendar and making sure I do the proper paperwork for the business portion of the ministry. I realize for others, the change to a new year is an exciting opportunity for a fresh start. Wherever you are in regard to the coming of January 1, I pray that you'll be able to grow in remembering the truth of Jesus Christ as the victorious king, and that as a believer in Him, you are of great worth and value. As can be seen in the Short Report, the evil one likes to get people to forget this truth and create turmoil in our lives. Praise God that Jesus has come to set us free.

#### **Praises:**

I praise God for a blessed Christmas season. Though it seemed to go by so quickly, it was an enjoyable time with family and friends.

I praise God for freedom for a particular client during December. Some huge strides were made in overcoming some serious generational curses as well as many works of darkness from people who side with the enemy.

I praise God for the deliverances of a number of other families in the last month from generational issues that were afflicting many members of each family. I'm grateful that this could happen just before Christmas so their gatherings could be more peaceful!

# **Special Note:**

Thank you all very much for the generous support given with yearend giving. I am so grateful, as the giving was even more than it has been in the past. The gifts that were given will go a long way to help financially for the ministry to help many troubled people in the coming year.

### **Short Report:**

When Ms. OOO first came into the LFM office, it was evident that she was agitated. She had a very difficult time sitting still. At least one part of her body was in motion when we were chatting about her situation. She relayed to me that her mind was constantly filled with thoughts that she is a loser and that she has not lived a good, productive life. Often, she'd have flashbacks of experiences where she was told she wasn't any good by family members. She was filled with great despair over these thoughts and feelings, and assumed in everything she did, it wasn't good enough. The despair was so paralyzing she could barely function and did not want to be in public or interact with other people. After sharing what she was experiencing, we spent a good portion of our time reading in the Bible the truth of her identity in Christ. She gained a greater understanding that her worth was not based on her failures and errors that others insisted she had. Many of these "failures" were purely in the eyes of some family members. The errors were not even moral issues, but they treated her as if she was evil because she didn't live as they wanted her to live. One family member in particular was quite demanding and abusive.

The longer we read and discussed the truth, she became more relaxed. She sat still, and her countenance was brighter. I helped her to pray some prayers to renounce the lies she was believing and to choose to believe the truth of her place in Christ and how valuable she is to Him. We then confronted the spirits that were tormenting her mind with the lies. They admitted they could not stay with her because she now believed the truth. We then commanded in Jesus' name the evil spirits to depart from her, inviting the Holy Spirit to consume her and empower her to further believe the truth. In connecting with her in the following weeks, she was able to continue to believe the truth and was functioning much better in life.

## **Something to Consider:**

**2 Corinthians 10:5**—<sup>5</sup> We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

When the enemy attacks us with lies, we can either be taken captive by the lies, or we can take the lies captive. Ms. OOO had been taken captive because she bought into the lie. She definitely had experiences in her life that the enemy used to prove their point. She said repeatedly how the words of the one who verbally abused her would go through her mind. An evil spirit was present with her, making these thoughts continue to repeat. As the truth of God's Word was read to her from a number of passages, she began to reject the lie and believe the truth. She was taking captive the argument the enemy was using against her, making her thoughts be obedient to Christ.

For some it can be a shock to learn that a person's thoughts may not originate within oneself, but can also come from a spirit being who is desiring to deceive and bring destruction. Many times the greatest breakthrough is when the realization comes that a person doesn't have to believe what is "in the head." I often ask the questions: Do you want what you are thinking to be true? Does God actually believe these things about you? Who might want you to think these things and believe them? As with Ms. OOO, taking time looking at the Bible is helpful to learn what God thinks. Then it can be determined that the evil one and his host is the source of the thoughts. Once that is established, we can begin to exercise authority in Christ against these lies of the enemy and take them captive. We aren't helpless against these tormenting thoughts. By the power of Christ, we can take them captive and choose to believe the truth, just as Ms. OOO did.

# **Prayer Concerns:**

Please pray for a client who needs more support from his church family.

Please pray for me for discernment on managing my schedule as there are many who are afflicted by the hosts of darkness and needing help.

Please continue to pray for the LFM Board as they discern ways to handle the growth of the ministry.

Have a blessed 2024!

Continually Rescued by Christ Jesus,

Ben Snyder

Ben-Smyder

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